



**On the Fourth Day of Christmas,
my true love gave to me...**

Four Thai birds

While we're layering on our woolly jumpers, these birds are sunning themselves on a white sandy beach over the other side of the world. Instead of getting all bah humbug about it, let this fiery Asian inspired mocktail warm you up and be thankful you're not getting sand in your mince pie.

Ingredients (serves 2)

- 1 250ml bottle of innocent mangoes & passion fruits smoothie
- 330ml carton of coconut water
- the juice of 1 lime
- 2 coriander stalks
- the very tip of a red chilli (just to taste)

Pour the innocent mangoes & passion fruits smoothie, coconut water, lime, juice, red chilli and coriander stalks into a blender to mix them all up.

Pour the drink straight into a cocktail glass and sprinkle with the remains of the chilli (if you're brave enough).

We worked with 12 bloggers and asked each of them to create their own festive mocktail inspired by one of the 12 Days of Christmas. This delicious mocktail was created by Helen at Fuss Free Flavours.